🙏 Mitsubishi Monitor

A Monthly Review of the Mitsubishi Group Companies and Their People Around the World

2021 June

Column

Annual Events in Japan Traditional Japanese Confection Day: Kajo no hi

June 16 used to be called kajo in Japan, referring to the custom of eating sweets to ward off evil spirits and to invite happiness. Behind this was the belief that eating nutritious adzuki beans would help people withstand the summer heat. The custom fell away but was resurrected as wagashi no hi (Japanese-style confections day) in 1979 by the Japan Wagashi Association. In general, wagashi are made from plant-based ingredients including rice, wheat, beans and sugar. Many wagashi are decorated with animal or flower motifs, for a beautiful symbol of Japanese culture bringing a seasonal sense and festive touch throughout the year.



© gettyimages The distinctive hues and delicate decorations that distinguish wagashi show the master skills of Japanese confectioners

For more information about the Mitsubishi companies, see "mitsubishi.com"

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